

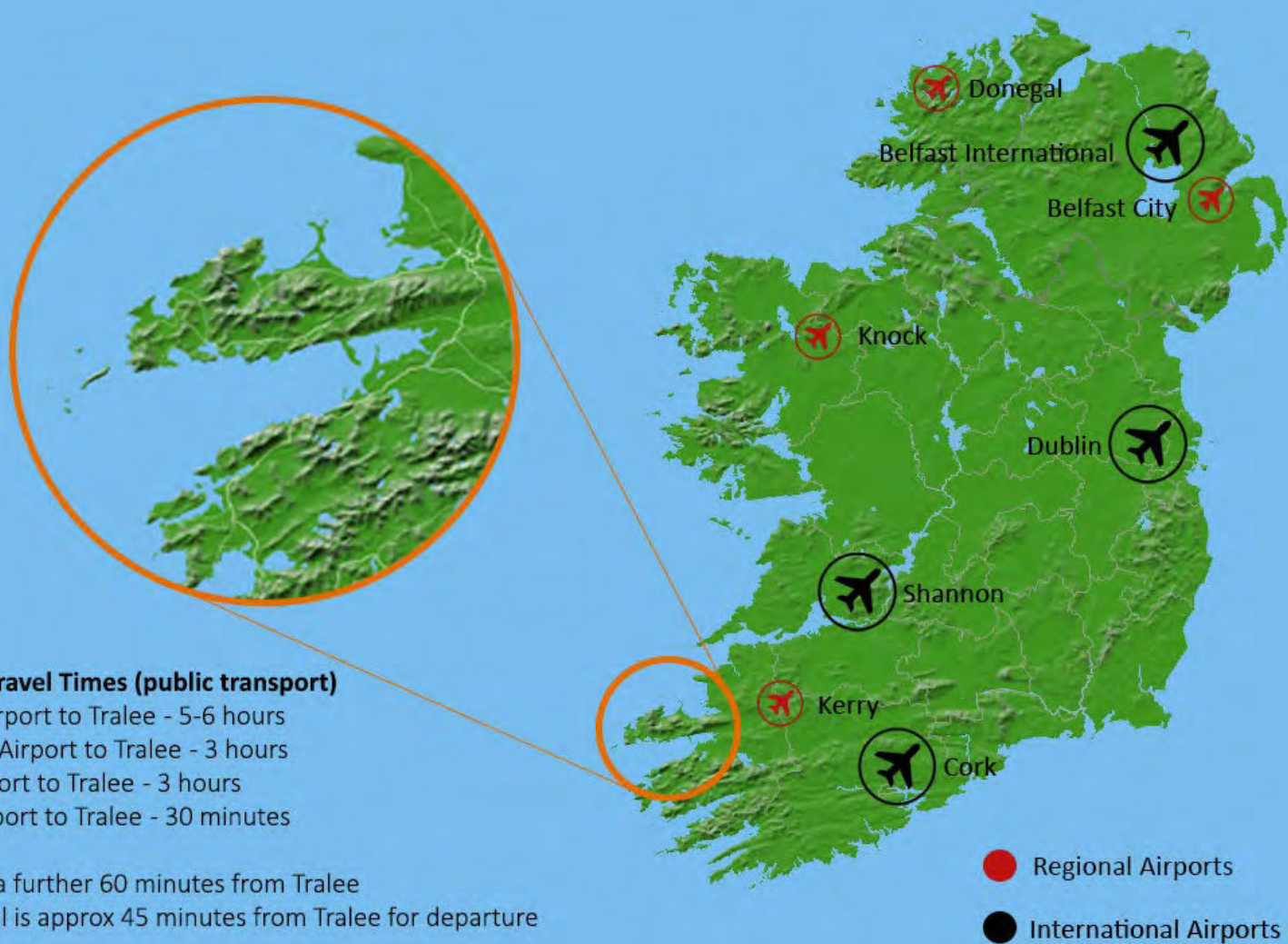


**Your Adventure
Detailed Itinerary**

The Dingle Way

The Dingle Way Long Distance Hiking Trail is approx. 180kms in total taking you around one of the most magnificent peninsulas in Ireland. Because of its remote location – and lack of specialised agriculture – it is steeped in ancient Irish history and spectacularly shaped by the ravages of the Atlantic Ocean.

This holiday shows you some of the highlights of the Dingle Peninsula as you hike from Tralee town as far west as land will take you to Dunquin. We invite you to lose yourself in this magnificent landscape and make memories that will last a lifetime.



Ireland Walk Hike Bike

For 25 years Ireland Walk Hike Bike (IWHB) has been welcoming guests to Ireland. The realisation of a dream for company founder Linda Woods who sought to show people the "real Ireland" rather than the traditional tourism template! These ideals continue today, showing you Ireland the way we believe it should be seen: slowly, intimately and knowledgeably. Our terrific office personnel and great guides all share the same philosophy – "to take people into those hidden parts of Ireland that few know about and give people a real "taste and flavour" of Ireland the way we know and love it".

With today's fast pace of life & the lack of "downtime", we at IWHB take great pride in the trust our guests show in us to create great experiences for you. All of us in IWHB are committed to ensuring our fascination for Ireland, its' history, culture, diversity & humour, is part of your holiday. Ireland enjoys a relaxing pace of life; beautiful and varied scenery, with the sea never far from sight & a great selection of music at night. While in Ireland, we ask you to PLEASE take your time as you discover small sections of Ireland, for if you rush, the charm of the country and the people will pass you by. The best made plans will always change in Ireland, and your adaptability to enjoy chance encounters with friendly locals, incredible characters and the odd charismatic sheep is what will make your holiday a truly memorable experience!!



Itinerary at a Glance

Day	Activity	Overnight
1	Arrive to Tralee	Tralee
2	Tralee to Camp Hike	Camp
3	Camp to Annascaul Hike	Annascaul
4	Annascaul to Dingle Hike	Dingle
5	Dingle to Dunquin Hike	Dingle
6	Cuas to Cloghane Hike	Cloghane
7	Cloghane to Annascaul Hike	Annascaul
8	Depart Annascaul	



Day 1

Arrive to Tralee

Arrive to Tralee – the administrative capital of County Kerry. On arrival to your first guesthouse, your host will be able to suggest some of the many local restaurants or pubs for food and possibly music.

Access for this holiday can be from Kerry, Dublin, Cork or Shannon Airports with bus and/or train connections available to Tralee all year round.



Day 2

Tralee to Camp

Leave your guesthouse, and walk from there along back country roads to join the Dingle Way. You follow this route under the Slieve Mish Mountains before joining what was once an old road to Dingle. Passing a fascinating 12th century oratory, you then continue to the village of Camp.

Terrain: Rocky and muddy mountain and grass tracks. Can be wet underfoot - boots essential.

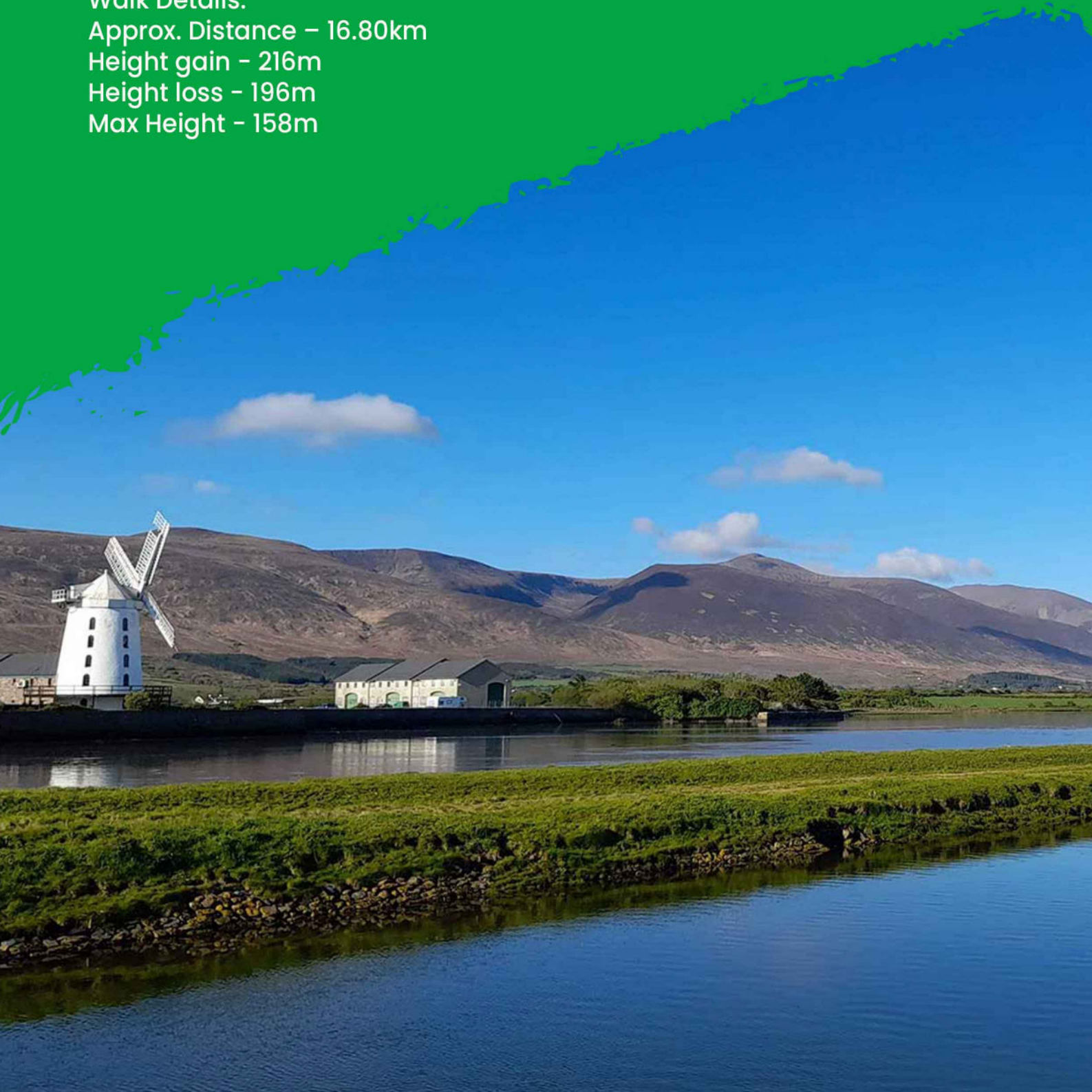
Walk Details:

Approx. Distance - 16.80km

Height gain - 216m

Height loss - 196m

Max Height - 158m



Day 3

Camp to Annascaul

Walk from Camp to the lively little village of Annascaul. This walk takes you through a fascinating area of bog where many people still come to cut their winter fuel. Crossing to the south side of the peninsula, you arrive at the magnificent Inch Beach, before continuing inland to Annascaul village for your overnight stop.

Terrain: Road walking on quiet back country roads, then onto grassy tracks and finishing on road. Boots recommended.

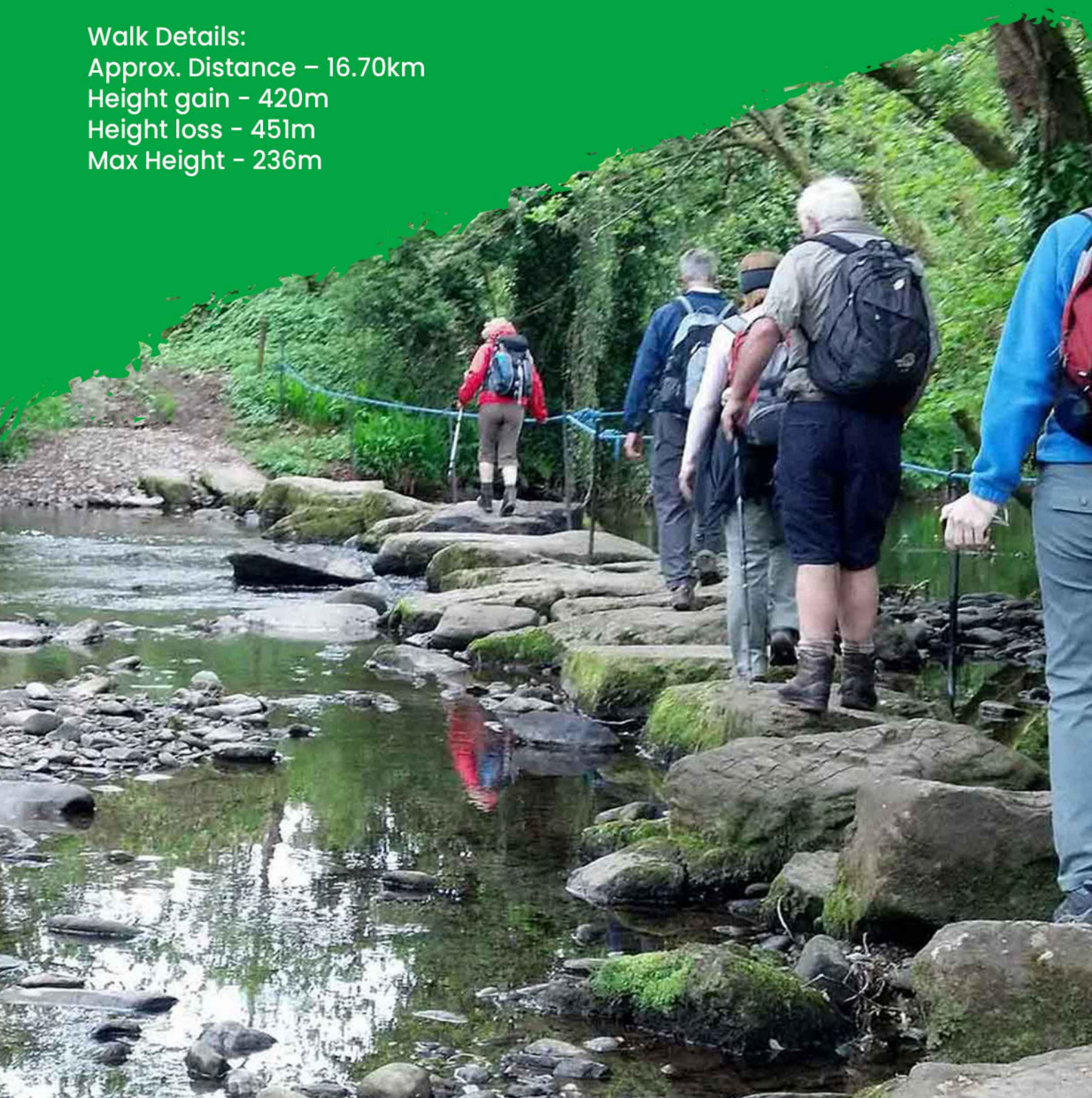
Walk Details:

Approx. Distance – 16.70km

Height gain – 420m

Height loss – 451m

Max Height – 236m



Day 4

Annascaul to Dingle

Leaving the village of Annascaul, you head for the town of Dingle. The route passes through Minard, with its 16th century castle, and the village of Lispole. It then takes old, narrow country lanes through Lisdargan and Ballingarraun before joining the old military road below the Connor Pass, and on into Dingle. Overnight in Dingle.

Terrain: Grass Country lanes, grass tracks and some road walking. Boots essential.

Walk Details:

Approx. Distance – 22.0km

Height gain – 492m

Height loss – 506m

Max Height – 151m



Day 5

Dingle to Dunquin

Your route today starts just outside Dingle, passing the Early Christian site of Kilcolman and continuing to the glorious sweep of Ventry beach. From here it takes you on a beautiful and very historic walk around Slea Head, finishing Dunquin. This walk offers an opportunity to see 'beehive huts' at close quarters, and also a full view of the Blasket Islands. Overnight in Dingle.

Terrain: Rocky and grass tracks, beach walking and some road walking. Boots essential.

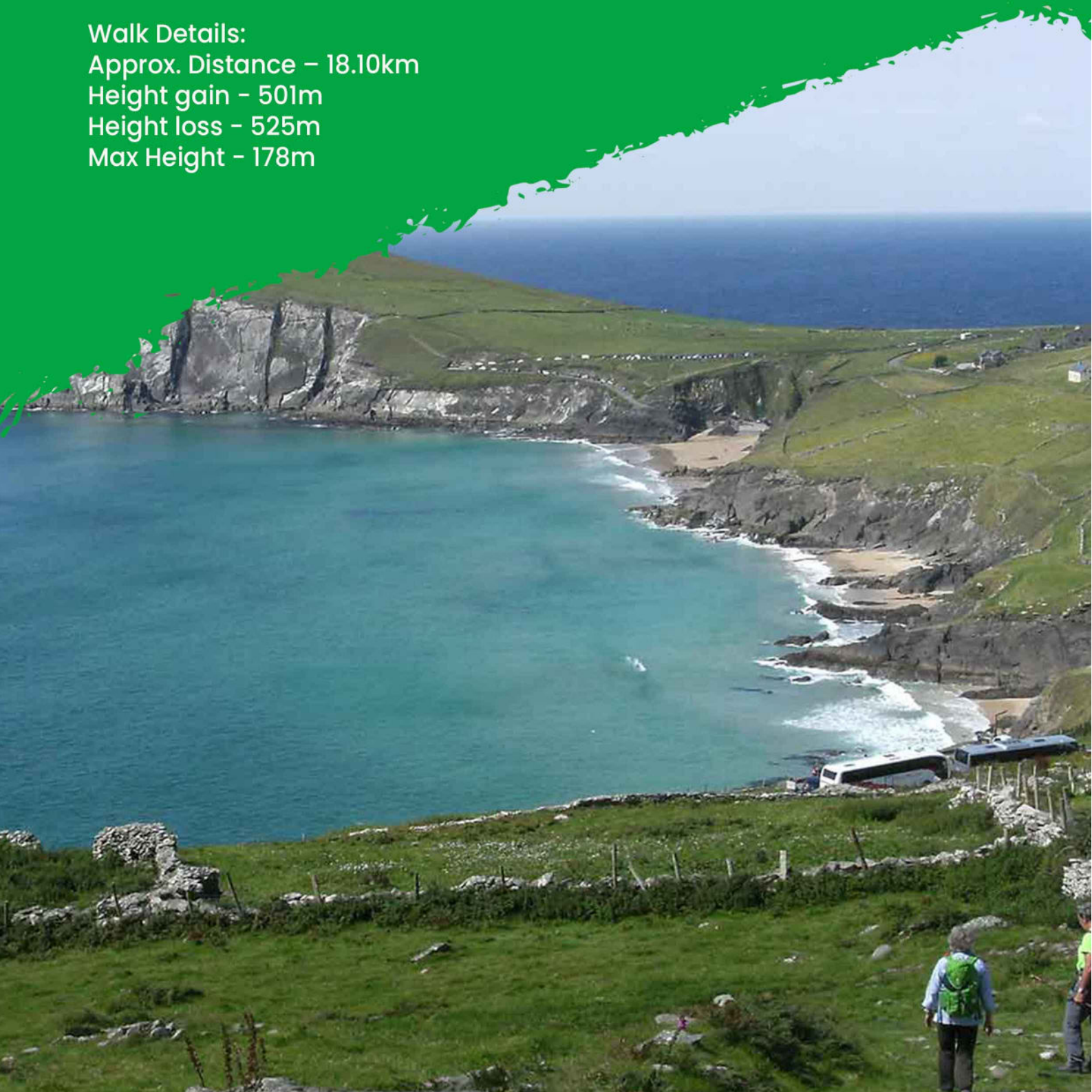
Walk Details:

Approx. Distance – 18.10km

Height gain – 501m

Height loss – 525m

Max Height – 178m



Day 6

Cuas to Cloghane

Transfer to Cuas and walk from here along an old military road to the eastern side of the Brandon massif, finishing in the village of Cloghane. This is a remote but spectacular walk – full of history and through country only accessible on foot.

Terrain: Grass mountain tracks with some rocky sections. Gravel tracks and some road walking. Boots essential.

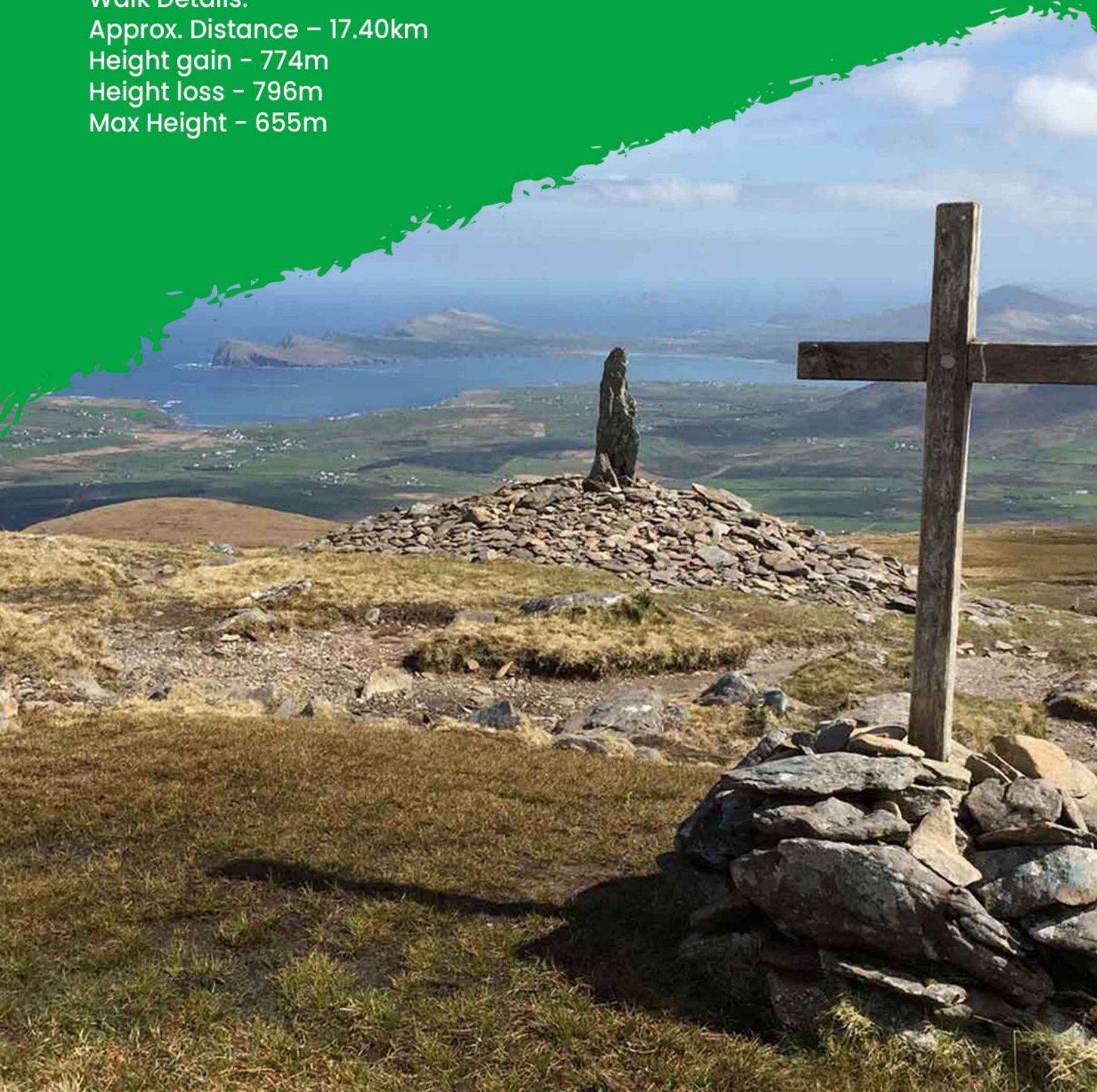
Walk Details:

Approx. Distance – 17.40km

Height gain – 774m

Height loss – 796m

Max Height – 655m



Day 7

Cloghane to Annascaul

A wonderful walk along the Dingle Peninsula from North to South, following a spectacular old farmer's track. You walk over the plateau, passing a deserted famine village and Annascaul Lake on the way. You descend into the village of Annascaul. Overnight in Annascaul.

Terrain: Grass mountain tracks with some rocky sections; can be damp. Boots recommended.

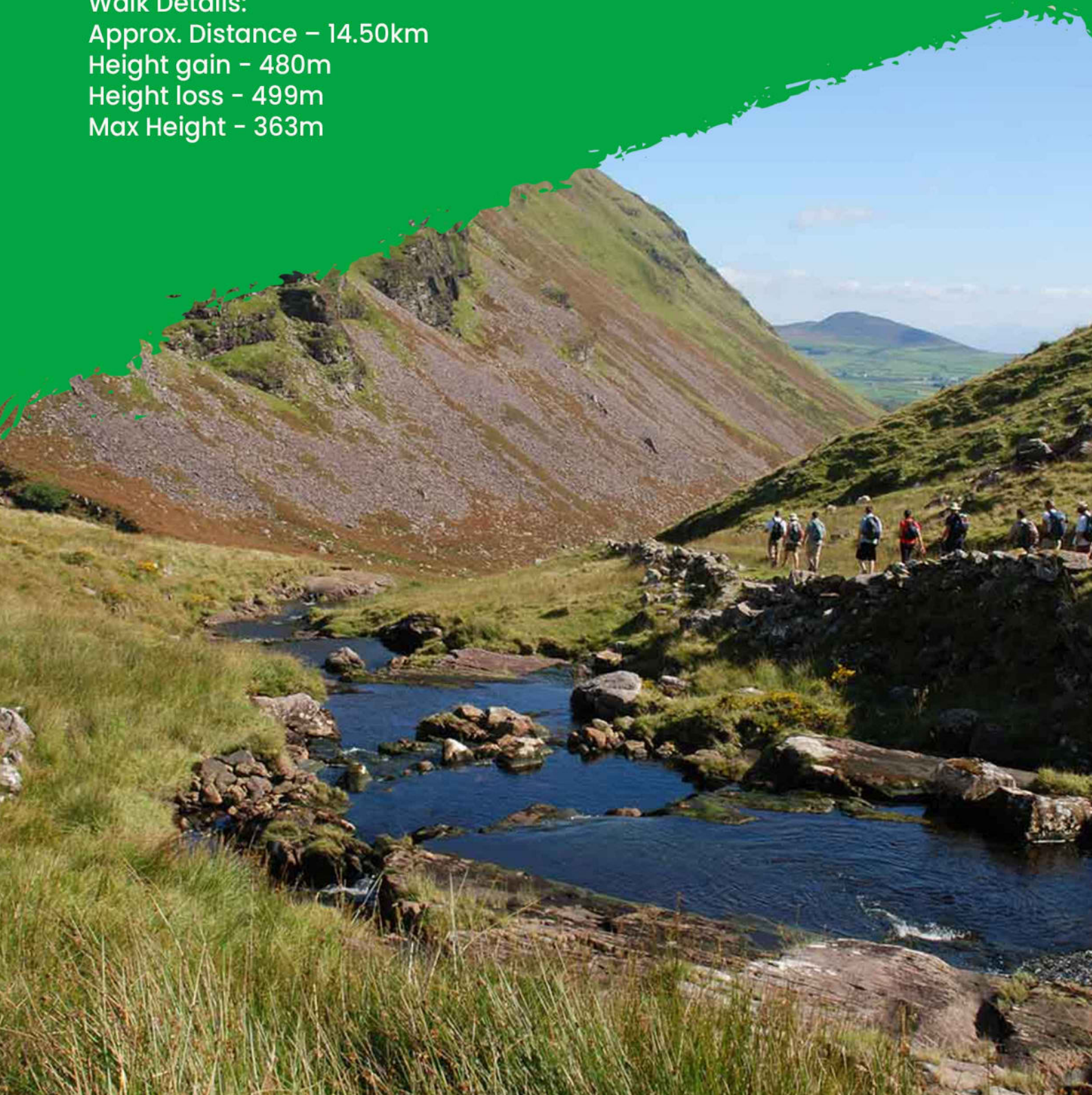
Walk Details:

Approx. Distance – 14.50km

Height gain – 480m

Height loss – 499m

Max Height – 363m



Day 8

Depart Annascaul

After one final breakfast you bid the Dingle Peninsula farewell and start your onward journey.

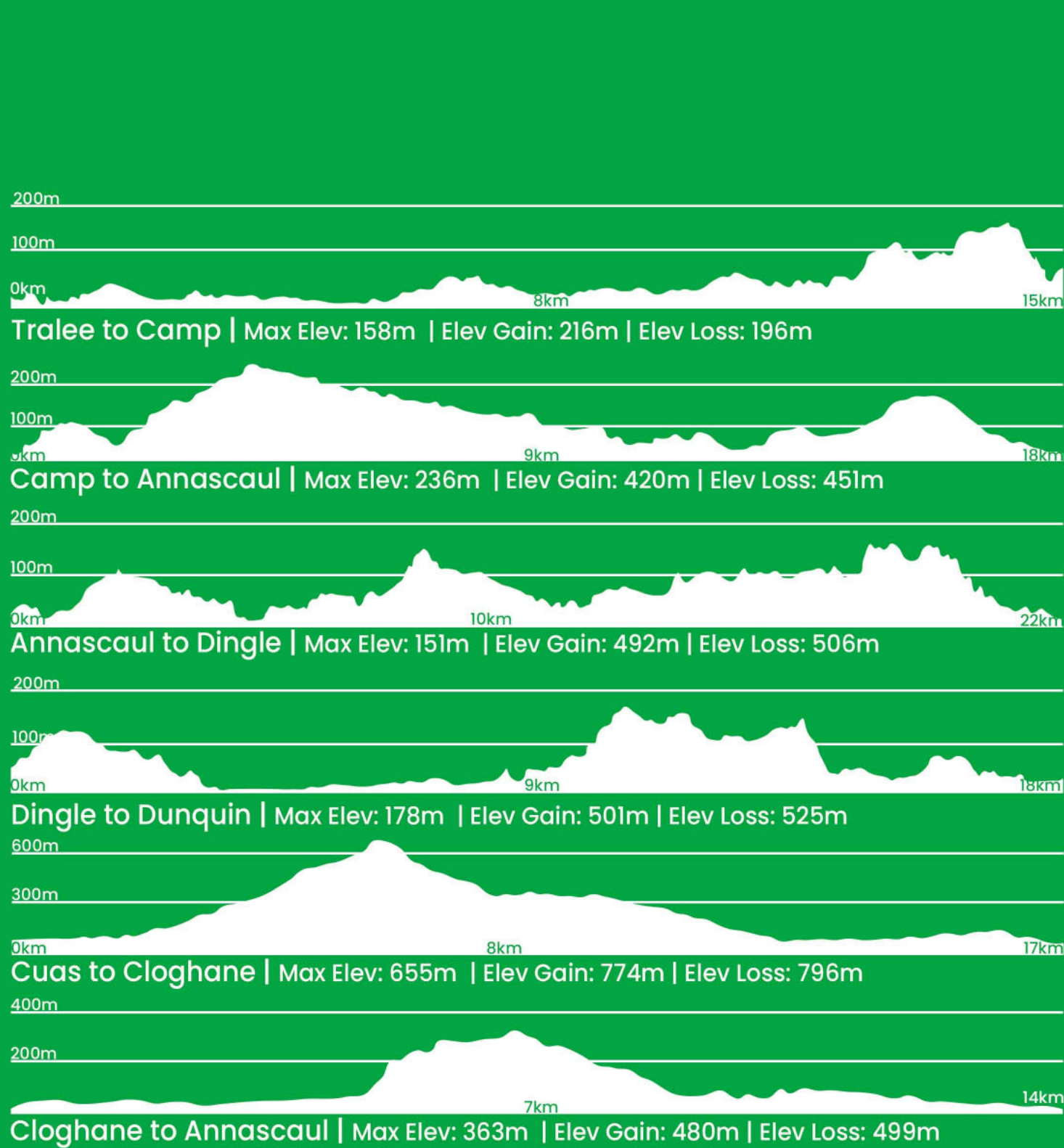
There is a regular bus service to Tralee, from where connections by bus and train are frequent to Cork, Limerick, Shannon or Dublin.

Private transfers can be booked by request.



Elevation Graphs

Please see below daily elevation graphs for your selected tour



What's Included



Stay in en-suite room at our hand-picked accommodations



Complimentary access to our app, tailor-made for your tour, containing all your documents, GPS navigation & points of interest



Delicious Breakfast each morning.



24 hour, emergency telephone support



Move your luggage as per itinerary



Detailed, easy to read, Route Notes with marked maps of each route



Extra days/ nights booking on request



Dedicated, in house, Holiday Specialist to assist with planning any additional activities, travel, airport transfers, etc.

Testimonials



Mathilda, Netherlands, 2022

The people of Ireland Walk Hike Bike were extremely helpful – as much before the trip (re-arranging the schedule because of corona) as during the trip. The literally catered to all our needs. The information we got was very complete, we stayed in nice B&B's and we could always contact Francis if we had a question or a problem. I highly recommend Ireland Walk Hike Bike to anyone who wants to go to Ireland.

David, USA, 2022

We just returned from our guided tour of the Burren, Aran islands and Connemara and it was truly a wonderful experience! The communication and help from Niamh was fantastic, and our guide, Joe O'Donnell was outstanding! Very knowledgeable, and just a good person that we were lucky to get to know. All of the accommodations were also great. This was a two year wait for us due to Covid cancellations and restrictions and everyone at Ireland Walk Hike and Bike were great to work with. Highly recommend using their services if you wish for the best.

Dale, USA, 2022

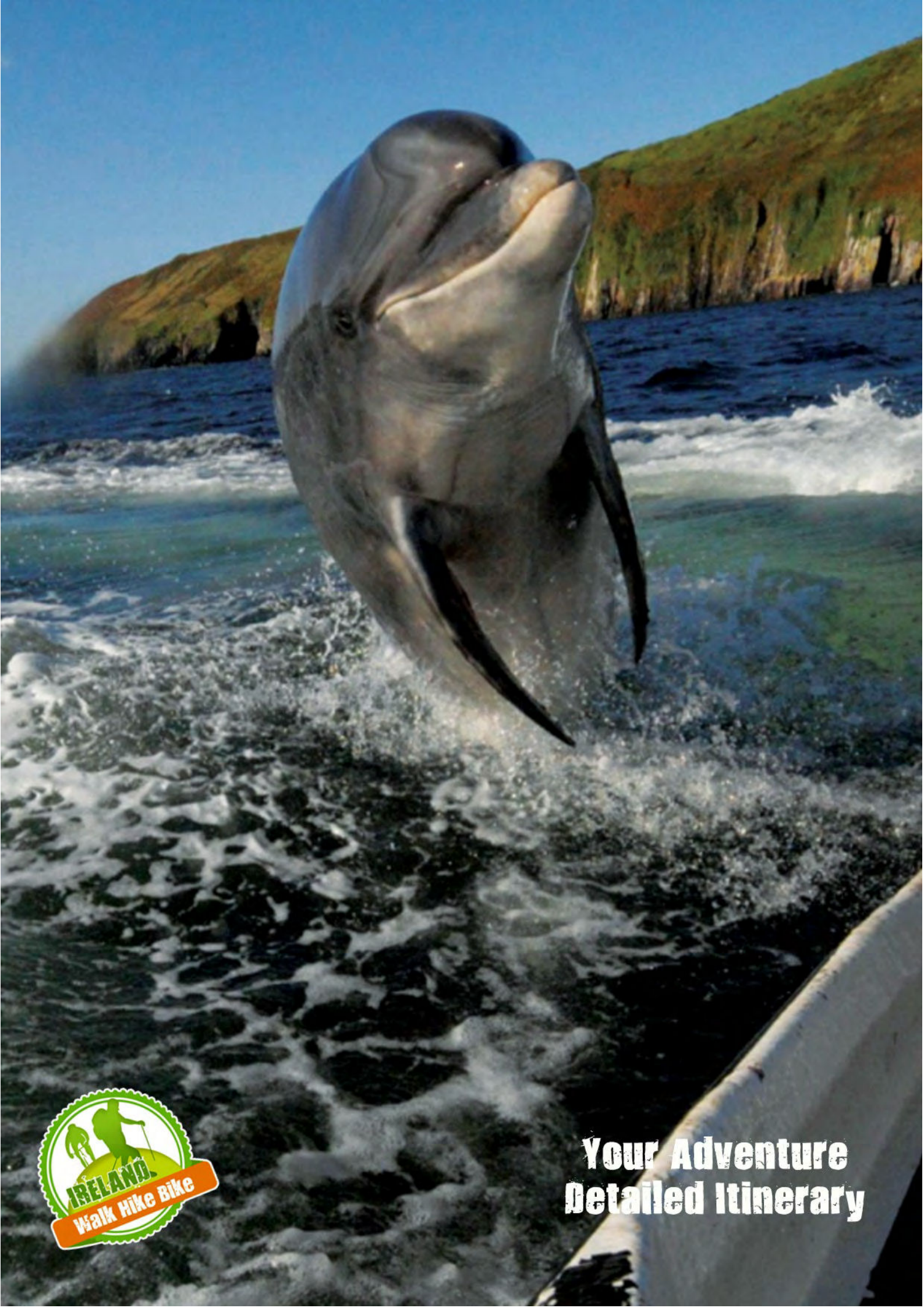
My wife and I worked exclusively with the team at IrelandWalkHikeBike to arrange a 3-week private tour of Ireland's West Coast this past May, 2022. We actually had to defer the trip twice due to Covid issues and this outfit was amazingly proactive and accommodating through all of the delays. My wife and I had just turned 70 at the outset of the trip and so we wanted to include all of the transportation as I did not want to undertake driving on the "other" side of the road. In addition to all the transfers IWHB arranged all or of our hotels, ferry tickets, and e-bike rentals and provided detailed maps and instructions for all of the hikes and bike circuits. Our trip played out seamlessly, with no glitches or problems and the hotel arrangements were terrific throughout. We visited four islands and each one was a unique adventure. The hikes in Connemara were beautiful and the biking around the Dingle peninsula, Clifden and Westport fantastic. Our drivers were super friendly and knowledgeable. Considering all of this, we thought the cost of the trip was eminently reasonable. Highly recommended!

Russ, UK, 2021

My wife, daughter, her partner and myself have recently returned home after a 7-day self-guided walk of the Dingle Way organised by Ireland Walk Hike and Bike. It was the most fabulous holiday being everything we expected and so much more.

The walking itself was the heart of the holiday. Every day was different. On a daily basis the scenery memorable. Fortunately, we have hundreds of photos to remind ourselves.

We have resolved to go back the west coast of Ireland and already Dean has made a couple of suggestions. Whatever walk we chose to do, it will be organised by Ireland Walk Hike and Bike.



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